



Kayak Nationals Programme – 2 November 2014 (SUNWA RIVER LODGE)

- ✓ 07h30-08h30 - Registration of Competitors , set up behind Quarter Deck , where spectators will also be signing indemnities
- ✓ 08h30 - Briefing with Paddlers about days event and safety talk
- ✓ 09h00 - Heats Begin- each paddler gets 3 heats , each heat is 45seconds
- ✓ Kids
- ✓ Beginner Women
- ✓ Beginner Men
- ✓ Intermediate Women
- ✓ Intermediate Men
- ✓ Veteran
- ✓ Junior
- ✓ Expert Women
- ✓ Expert Men
- ✓ Short Break (Judges will Calculate who moves into the finals)
- ✓ Finals begin with beginner Women
- ✓ Beginner Men
- ✓ Intermediate Women
- ✓ Intermediate Men
- ✓ Veteran
- ✓ Junior
- ✓ Expert women
- ✓ Expert Men
- ✓ 15h30 – Prize giving on rocks
- ✓ Bush Bar open (SunWa River Lodge)